

BE A DISCIPLE

THE NUTS & BOLTS OF LIVING FOR JESUS



BE A DISCIPLE, PART 1: JESUS AS LORD (LEADER GUIDE)

Congratulations! You have taken an opportunity to help someone follow Jesus. You both may be wondering “what now?” This lesson marks the first step in your new brother or sister in Christ becoming a true disciple! There’s a long journey ahead for both of you, but with God’s help, lives will change!

PURPOSE

The primary purpose of this lesson is to help somebody who believes learn what it looks like to actively follow Jesus, live obediently, and bear fruit. It emphasizes the need to truly allow Jesus to be *Lord* of your life.

During or after this lesson, ask if the person has been baptized. Baptism is a key part of following Jesus, so if they have not, it’s important to talk about this. There is a Lesson 1B about baptism that you can go over the next time you get together. At this point you may have already invited your friend to join your Life Group, but if you haven’t, be sure to do that. You can say something like, “Me and some friends get together once a week to hang out and study the Bible. Can you join our group?”

KEY ILLUSTRATIONS

The Apple Tree Illustration

If I showed you a tree with oranges hanging on its branches but I told you it was an apple tree would you believe me? It is the same thing with people. If a person says they are a follower of Jesus, their life should bear the fruit (actions and attitudes) of a Christian. *What fruit do you think should be in a true Christian’s life?*

The Semi Truck Illustration

If I told you that I was hit by a semi-truck today and I showed up to our meeting uninjured and clean, would you believe me? It is the same thing when you become a Christian. Following Jesus hits you like a truck. If you have the living God in your life, you will be different.

The Roots/Fruits Illustration

Use this to explain the difference between seeing obedience as a “root” instead of a “fruit.” Write the equation that we usually think of when we think about following Jesus: Faith + Works = Salvation. Explain that this is not how the Bible teaches and this kind of life leads to pride (if we think we are doing great) or depression (if we think we are failing). Write a better equation - the Biblical truth that Faith in Jesus = Salvation + Works.

~~Faith + Works = Salvation~~

Faith = Salvation + Works

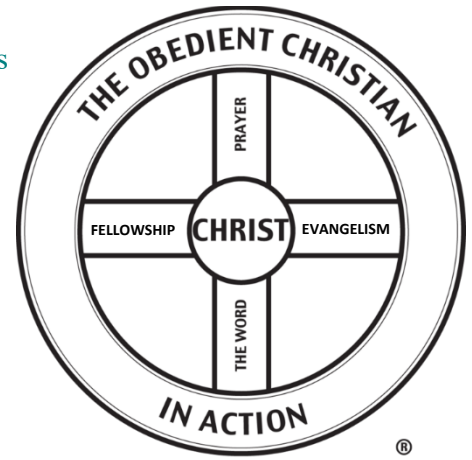
The Pie Illustration

The point of the pie illustration is to explain "Lordship." Lordship means that Jesus is the leader, master, and king of your life. He calls the shots in every area of life. Lordship means leaving your self-ruled life for a Jesus-ruled life.

1. Draw one pie chart. Say, "this is the way most people live life." Write in different areas of life such as relationship, job, school, family, future, free time, friends, etc., and sometimes God gets a slice. Then say, "that is not what it means to be a Christian."
2. Draw a second pie chart with the same categories, except draw a big cross over the middle and explain that Jesus leads you and empowers you to live each of these areas in a way that honors Him. Ask and discuss how He might impact those different areas of life. Say something like, "it’s an amazing blessing to have Jesus influencing every area of your life."
3. Ask, "Which pie chart would you like to most represent your life?" and discuss.
4. Have them choose one or two categories from their life and discuss what it would look like to live that area of life for Jesus. *How can you make Jesus Lord over that area of your life?* (Ex: Jesus can be Lord over school when you view it as an opportunity to share your faith with others.)

The Wheel Illustration

The Wheel Illustration, developed by Dawson Trotman and Navigators, is an excellent tool to describe to new Christians what it means to have a vibrant Christian lifestyle. By the end of the lesson, your disciple will begin to develop goals towards their spiritual development! Here is a model of the completed Wheel and instructions for how to present the illustration.



Presenting the Wheel Illustration

1. On the back of page 2, draw a small circle and write “Christ” in the middle. Explain that this is the hub of the wheel: Christ at the center of a person’s life. We totally surrender to Jesus’s authority, and do our best to follow His will.
2. Draw two vertical “spokes” that extend out from the center. Explain that these two show how we relate to God. Write “The Word” on the downward spoke and explain how the Bible shows us who God is and what He wants from us. Write “Prayer” on the upward spoke and explain that prayer is sharing our heart with God and responding to what He says through His word.
3. Draw two horizontal “spokes” that extend out from the center. Explain that these two show how we relate to others. Write “Fellowship” on the left one and explain how God wants us to build each other up through community and loving relationships with each other. Write “Evangelism” on the right one and explain how God wants us to take the good news we have received and share it with others.
4. Draw a large circle around the perimeter. Write “Obedience In Action” on it. Explain that while some acts of obedience are internal, others are external as well. Keeping God’s commands is an outward reflection of our inward spiritual health and love of Christ.

This wheel will be your guide for the next several studies, as you will walk through these four aspects of a disciple’s life.

After this study, arrange the next time you will get together with your student. It may be a week from now, or maybe sooner. Figure out what works best, but don’t wait more than one week to get together for the next lesson. Be sure to communicate the excitement of diving deeply into following Jesus!

BE A DISCIPLE, PART 2: THE WORD OF GOD (LEADER GUIDE)

You're on the first spoke of the wheel! Getting your disciple into God's Word is so important, as it is the basis of everything these discipleship lessons are built on.

PURPOSE

To help your disciple see the importance of knowing God through spending regular time in His Word.

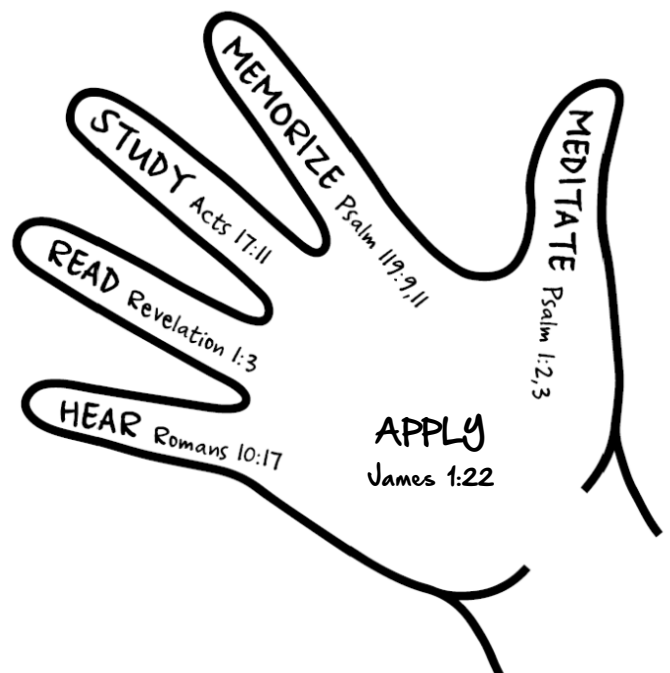
PLAN

1. **Read the lesson and the Scriptures before the meeting.** You should do this before every lesson moving forward. Make sure you are familiar with the verses and their context. Have your own personal answers to any questions, in case they struggle to come up with anything. Talk to a ministry leader or mentor if you're unfamiliar with anything.
2. **Take a moment to pray** for your time with your disciple and to prepare for your lesson. Spend a few minutes talking to them about their week. Ask them how their relationship with Christ is going.
3. **Follow up with any questions** they may have or discuss anything you talked about last time you met.
4. **Go through the lesson**, explaining the illustrations as they come up. A guide on how to do the illustrations is provided below.
5. **Introduce H.E.A.R. journaling to your disciple.** Show them the sample H.E.A.R. Journal on the next page as an example of what it looks like, then encourage them to give it a try this week. The discipleship challenge will push them to journal through scripture on their own.
6. **Ask your disciple if they have any questions and ask how you can pray for them.** Take a moment to pray with them, asking God to help them to spend time with Him in His word.
7. **Give the discipleship challenge.** Help your disciple pick a book of the Bible to study and plan a time/place to do it. Challenge them to practice H.E.A.R. journaling.

KEY ILLUSTRATIONS

The Hand (Resource by The Navigators)

1. Before you start, have your student make an outline of their hand on the top of page 2 of this lesson.
2. Tell them that as Christians, we need a good "grip" on the Word. And to have a good grip, you need to use your whole hand.
3. In the pinkie finger, write the word "Hear". Read the text accompanying the point. Do the same, putting "Read" in the ring finger, "Study" in the middle finger, "Memorize" in the pointer finger, "Meditate" in the thumb, and "Apply" in the palm/wrist.
4. Bring out the book, and ask them to pick it up and hold it with just their pinky and ring fingers. If they manage to do so, tell them to keep you from taking it. Explain that it's important to have a firm grip on God's Word by using all of these concepts together, and not focusing on just a couple of them.



The Tune-Up

1. Ask "Imagine you are getting together with your friends to go on a cross-country road trip. You want to make sure your car is going to make it through the trip, so when is the best time to get a tune-up? Before you leave on your trip, or after?"
2. Explain that the same principle works when spending time with God. Spending time with God early in the day allows God and His Word to speak to us throughout the day allowing us opportunities to apply what God showed us through our quiet time.

Sample H.E.A.R. Journal

READING: Philippians 3-4

DATE: January 10, 2019

H (Highlight) - Phil. 4:13 "I am able to do all things through Him who strengthens me."

E (Explain) - Paul was telling the church at Philippi that he has discovered the secret of contentment. No matter the situation in Paul's life, he realized that Christ was all he needed, and Christ was the one who strengthened him to persevere through difficult times.

A (Apply) - In my life, I will experience many ups and downs. My contentment is not found in circumstances. Rather, it is based on my relationship with Jesus Christ. Only Jesus gives me the strength I need to be content in every circumstance of life.

R (Respond) - Lord Jesus, please help me as I strive to be content in You. Through Your strength, I can make it through any situation I face.

BE A DISCIPLE, PART 3: SCRIPTURE MEMORY (LEADER GUIDE)

Memorizing Scripture can be a game-changing spiritual discipline. It brings conviction to the heart, and it is used by the Holy Spirit to prompt the mind to action. However, it's one that a lot of people try and talk themselves out of. Some people struggle with memorizing anything or aren't willing to put in the time and effort to do so. This lesson will help lay a foundation for why scripture memory is important and lay out a game plan for memorizing scripture that anyone can follow!

PURPOSE

- To help your disciple see the value and importance of scripture memorization.
- To teach them how to effectively memorize scripture.
- To equip them with a plan that will help them continue memorizing scripture in the long run.
- To discuss what it means to meditate on God's Word.

PLAN

1. Before your one-on-one, take a moment to pray for your time with your disciple and to prepare for your lesson. Spend a few minutes talking to them about their week. Ask them how their SOAPs are going and ask them to share one thing that God showed them from their quiet time this week.
2. If they're comfortable with it, have your disciple do the Scripture reading! It's a great and easy way for them to participate in the lesson.
3. Take time to look up the verses. Help them to see the value of hiding God's word on their heart. The spaces are there for your disciple to write down their answers to each question.. Remember that the point of the lesson is not to get through it in 30 minutes, but to help them see why scripture memory is important and how they can get started.
4. Have some extra verse cards with you and even a verse pack to give to them. Tell them that you want to memorize the verse together. It is the "With them" principle.
5. Go through the process of memorizing a verse with them! They may not know how to memorize things well, and if you show them how easy it is to memorize a section of the verse in 5 minutes, then they will be much more likely to do it!
6. Encourage your new disciple, as this lesson may feel overwhelming.

KEY ILLUSTRATION

Dumb Doctor Illustration

If you were sick and you went to a doctor and told him your symptoms you would expect him to be able to know what was wrong and be able to help you. But if instead the doctor started scratching his head and said, "that sounds like something I read about in medical school," you wouldn't trust the doctor very much.

Many times when people ask a spiritual question and we respond with, "I think somewhere in the bible it says...", it does not sound very convincing that we know what we are talking about. However, if we are able to say John 3:16 says, "For God so loved the world...", it gives much more credibility to our answer.

BE A DISCIPLE, PART 4: PRAYER (LEADER GUIDE)

Congratulations! If you've been having weekly meetings with your disciple then this marks about a month of meeting together! It's a great milestone, and you're halfway through the lessons focused on the Wheel Illustration.

PURPOSE

- To show your prospective disciple why prayer is important.
- To teach them what kinds of things they should pray about.
- To show them how to keep a prayer list and get them started praying over it.

PLAN

1. Before you start, be sure to pray! It would be ironic to get into a lesson on prayer without first praying yourself.
2. With each of the five points, share personal stories about how prayer has impacted your life. As we say in Challenge, personal is most powerful!
3. Going through the P.R.A.Y. acronym, share examples of what each point looks like. They may have never prayed before, or prayed like this before, so setting an example is key to developing a foundation of prayer.
4. Finally, help them create their own prayer list! Have them come up with a mix of short-term and long-term prayer requests. If it's full of tiny prayers, then their vision for the world will stay small. However, if it's only massive prayers, then they may grow discouraged if things do not go their way.

KEY ILLUSTRATION

The P.R.A.Y. acronym

1. Write out the acronym, PRAY, vertically and in big letters. Explain that this acronym reminds us of what kinds of things we should pray about.
2. Write "Praise" out of the P. Explain that it's important to acknowledge God for who He is and what He has done in your life. It's a great time to express thankfulness to God.
3. Write "Repent" out of the R. Explain that it's important for us to confess and repent of sins we've committed because they get in the way of our relationship with God. Remind your disciple that as we do this, God is always faithful to forgive us.
4. Write "Ask" out of the A. Explain that we can ask God for anything and trust that He hears us! (1 John 5:14-15)
5. Write "Yield" out of the Y. Explain that we put our trust in God's plan, even if it's different from our plan.
6. Talk about why it is important to "yield" to God. Analogy: If we went to the doctor, told him all our symptoms, then left, we would never hear his diagnosis or instruction to improve. But this is often how we talk to God in prayer – we list out all our problems and needs, then we end our prayer and get on with life. It is important to seek God's will and listen for the conviction/direction of the Holy Spirit.

BE A DISCIPLE, PART 5: FELLOWSHIP (LEADER GUIDE)

Congratulations on making it this far into the “Be a Disciple” series! You have finished the lessons covering how we relate to God via the Word and Prayer, and now you will be covering how Christians relate to others. This is an important topic to cover in our day and age, as more and more Christians carry this idea that they can go “lone wolf” with their walk with God, and that church and fellowship aren’t important.

PURPOSE

- To help your disciple see the importance of Christian fellowship.
- To learn the Heart Attitudes and see how they could apply to the disciple’s life.
- To emphasize the need for authenticity and openness with the faith community
- To get involved in a local church, accountability group, and to help serve in some way if they are not already doing so.

PLAN

1. Take some time to pray for your disciple before the meeting. Pray that they will desire Christian fellowship and will follow through in the next steps.
2. Take some time to catch up and hear about how life is going. Don’t spend all day about it, but it is important to focus on the relationship.
3. As you go through the Heart Attitudes, share personal stories that apply to the different points. You don’t need one for all seven, but dispersing a few throughout can help them see the importance of fellowship.
4. If your disciple has not been baptized, ask them if they would like to. This is a pretty key step in someone’s walk with God, so if they haven’t done it yet, start a conversation with them about it.
5. Help them come up with a practical application from the lesson. Maybe this means taking them with you to serve at your local church, or talking to your minister with them about getting baptized. Don’t come up with their application for them, but don’t let them get away with an easy takeaway.

BE A DISCIPLE, PART 6: EVANGELISM (LEADER GUIDE)

Congratulations! You've made it through the Wheel-themed lessons. This may be an intense lesson to go through with your disciple, as many people will fight against the need to share the gospel with others. If you think that may be the case, steel yourself and trust the Holy Spirit to convict your disciple's heart about the need to share the gospel with those around them.

PURPOSE

- To give your disciple an understanding of the need for evangelism.
- To get them started on the habits of “Pray, Connect, Respond.”
- To get them to make an Impact List, begin praying over it, and look for opportunities to spend time with the people on that list.
- Encourage them to do some “2x4’s”

PLAN

1. Remember to emphasize scripture memory at the beginning of each lesson. By this time they've memorized a handful of verses, and it might be tempting for them to focus less on the old ones and more on the new ones. Don't let them do this! Remind them that verse memory is a key part of developing your spiritual foundation.
2. When sharing the “Cure for Cancer” illustration, don't shy away from the seriousness of sharing the gospel. It might be tempting to de-emphasize it to keep your disciple from getting uncomfortable, but that's the point.
3. Share personal stories about how you've shared the gospel and related to others. Share how you've made mistakes and how you've succeeded. It will help them feel like they could share the gospel too!

ILLUSTRATIONS

The “Cure to Cancer” illustration

Share these questions and let them respond to each one: Imagine that you have the cure to cancer - How would you share that with the world? What if you kept the cure to yourself and didn't share it with anyone? What would people do if they found out that you didn't share the cure with anyone? We have the cure to the deadly disease that is sin. Every person on earth is affected by it and only Jesus can heal them. Spreading the gospel of Jesus is much more urgent than finding the cure to cancer because it is an issue of eternal death or eternal life.

WRAPPING UP

As you finish up this lesson encourage your disciple with a vision of how applying these habits could help them in daily life. Pray for B.O.B. together and ask God to give you both open doors. Challenge them to do the “2x4” method. When you meet next, ask how their evangelism went and provide some accountability.

At the Discipleship Challenge, set them up for the next lesson by having them log what they do with their time. There is a pre-made time audit sheet on the next page. It doesn't need to be hyper-specific, but it should give a sense of what they did with that time. Below is an example. It's important they do this, as the next lesson is very interactive and necessitates them doing this.

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
8:00 am	Ate Breakfast	Ate Breakfast	Ate Breakfast	Quiet Time
8:30 am	Getting Ready	Quiet Time	Scrolled on Phone	Ate Breakfast
9:00 am	Travel to Church	Class	Homework	Class
9:30 am	Worship at Church	Class	Scrolled on Phone	Class
10:00 am	Worship at Church	Homework	Watched YouTube	Played Video Games
10:30 am	Bible Class	Watched YouTube	Class	Played Video Games

BE A DISCIPLE, PART 7: TIME MANAGEMENT (LEADER GUIDE)

This lesson is a bit of an outlier from the rest of the lessons. For one, it may come across as a much less “spiritual” topic to cover, but it has a huge impact on a disciple’s spiritual growth. If they can get a grip on the concept of time management, then they will grow in consistency with their disciplines, make time for fellowship, and increase their impact on the campus! Secondly, it requires the previous homework from the “Be a Disciple, Part 9: The Holy Spirit” lesson in order to really work, so if your disciple didn’t accomplish that, it may be good to have them do the homework, then return to this next week.

PURPOSE

- To give your disciple a sense of godly time management and what that means.
- To help them begin the practice of “weekly syncs” and planning how to use their time.

PLAN

1. Pray over the meeting beforehand! Pray that your disciple would develop a desire to use their limited time for God’s glory and to advance His kingdom.
2. During the activity, be slow and methodical. Take however much time you need to be thorough in helping them understand and develop a plan for healthy time management.
3. When you start talking about to-do lists and calendars, bring your own to show as an example! If you aren’t currently doing so, then spend some time before your meeting and plan out a few days at least so your disciple has an example to follow.
4. At the end, help your disciple come up with effective, S.M.A.R.T. applications. Make sure they are realistic, because if they start seeing success in this area, they will be motivated to shoot for more!

BE A DISCIPLE, PART 8: THE HOLY SPIRIT (LEADER GUIDE)

Of the three parts of the Trinity, the Holy Spirit is perhaps the most misunderstood aspect of God. Many new Christians might hear people talk about being “filled with the Spirit” or how they saw “the Spirit move” in a particular person’s life, but those concepts fly right past their understanding. This lesson, while by no means comprehensive, aims to begin an understanding of the unique role of the Holy Spirit in their lives.

PURPOSE

- To help your disciple begin to understand who the Holy Spirit is, and what He does in our lives.
- To help them understand what it means to be “filled with the Spirit.”
- To get them practicing “spiritual breathing” to maintain their walk with God.

PLAN

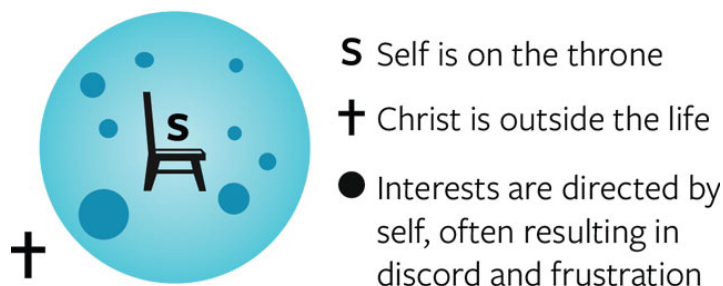
1. Before your meeting, pray for the Holy Spirit to stir an interest for Him in your disciple’s life. No work of God begins without prayer, and what better way to start your disciple’s relationship with the Holy Spirit than by interceding on their behalf?
2. If they’ve been memorizing a verse a week consistently, get them started on their first weekly verse pack! Remind them of the structure, and help them organize their verses. It’s a big milestone for them, so celebrate their consistency.
3. Emphasize the importance of “spiritual breathing.” Confession is something that’s too often overlooked in a Christian’s life, so use this to help make it a regular practice in your disciple’s life.
4. Remember, personal makes the most powerful. Interject your own stories of the Spirit working in your life, and you’ll help to ground these truths into your disciple’s life!

IMPORTANT ILLUSTRATIONS

No Room for Dessert

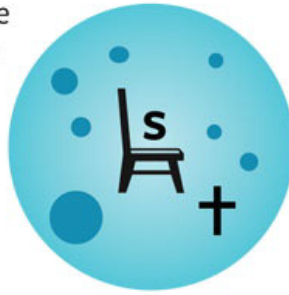
You know when you eat at a restaurant, then after you’ve eaten a whole meal, the waiter says, “Did anyone save room for dessert?” Everyone always says, “No way, I’m full.” We don’t have room for dessert, because we’re already full of food. This is similar to being full of the Spirit. When the world offers us “sweet stuff,” we can say, “No thanks, I’m full.” We don’t have room for junk when we’re filled with good. (see Matthew 12:43-35)

The Chair Illustration (adapted from *Satisfied* by Bill Bright)



1. Under the heading “Natural Person” draw a chair with a circle around it. Put an S (for “Self”) in the seat of the chair, a cross outside of the circle, and various shaped black circles around the chair. Explain that in this self-directed lifestyle, the self is on the throne of that person’s life, Christ is outside the person’s life, and the person’s interests are directed by the self, resulting in discord and frustration.

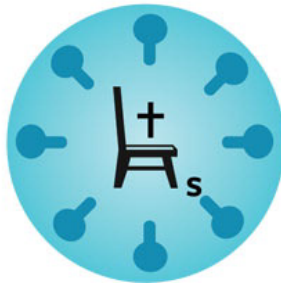
- Legalistic attitude
- Impure thoughts
- Jealousy
- Guilt
- Worry
- Discouragement
- Critical spirit
- Frustration



- Aimlessness
- Fear
- Ignorance of spiritual heritage
- Unbelief
- Disobedience
- Loss of love for God and others
- Poor prayer life
- No desire for Bible Study

2. Under the heading “Self-Directed Person” draw a chair, a circle around the chair, an S on the chair, and a cross inside the circle. Draw various shaped black circles inside the bigger circle. Explain that in this “self-directed life,” self is on the throne, Christ has been dethroned and isn’t allowed to direct the life, and the interests are directed by self, often resulting in discord and frustration.

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness



- Life is Christ-centered
- Empowered by Holy Spirit
- Introduces others to Christ
- Has effective prayer life
- Understands God’s Word
- Trusts God
- Obeys God

3. Under the heading “Spirit-Filled Person” draw a chair and a circle around it. Put the cross on the chair, and an S inside the circle. Draw equally sized smaller black circles along the side of the circle. Explain that in this person, Christ is on the throne, the self is yielding to Christ, and the person’s interests are directed by Christ, resulting in harmony with God’s plan.
4. Explain the passage that follows on the sheet, emphasizing that we must continually draw close to God for Him to continue working in our lives

Spiritual Breathing

This is just a simple way to encourage your disciple to invite the Holy Spirit into their lives more and more. Encourage them to pray daily for a fresh filling of the Holy Spirit.

BE A DISCIPLE, PART 9A: LOVE (LEADER GUIDE)

Everybody has their own view of what it means to “love”. For some people, “loving” someone means letting them do whatever they want, and being a good friend to them regardless. Others might encounter “tough love” often, where their only experience with love is discipline and harsh words, trying to shape them up for success in the world. Whatever someone’s experience, we all start with our own subjective view of love, which stems from our experiences.

For the Christian, however, love is something much greater. It is the ultimate expression of sacrifice, fully expressed in Christ’s sacrifice on the cross for our sins. The Christian’s goal is to be a reflection of this love that God has poured into us and to give it to those around us.

PURPOSE

- To clarify what the Bible means by “love”.
- To give the disciple an understanding how God expects a Christian to love others.
- To equip them to be able to create their own application after the reading of this lesson.

PLAN

1. Remember to go over the verse review! It’ll take up a bit of time each week, but it’s important to get them in the habit of making sure they’re keeping up. If they are struggling with remembering certain verses, spend a little time thinking through why they feel challenged and help them come up with a solution.
2. Make sure to emphasize that God’s love is for them as well! Some people struggle with understanding how God could love them, so wherever you think your disciple might have been struggling to understand about God’s love up to this point, make sure they get it here.
3. When talking about the Discipleship Challenge, help them formulate a S.M.A.R.T. application! Don’t give them an application, but ask questions to guide them to come up with one on their own.

S – Make sure the goal is SPECIFIC, not vague.

M – A goal should be MEASURABLE, so you know when it’s completed.

A – Keep your goals ACHIEVABLE, not too farfetched.

R – Set goals that are RELEVANT to your life and situation.

T – Goals should be TIME-BOUND, with an aim for when to finish.

OTHER SCRIPTURES ABOUT LOVE

Galatians 6:2 "Carry each other’s burdens, and in this way you will fulfill the law of Christ."

Hebrews 13:16 "And do not forget to do good and to share with others, for with such sacrifices God is pleased."

John 15:12 "My command is this: Love each other as I have loved you."

Matthew 5:42 "Give to the one who asks you, and do not turn away from the one who wants to borrow from you."

Proverbs 19:17 "Whoever is kind to the poor lends to the Lord, and he will reward them for what they have done."

BE A DISCIPLE, PART 9B: ASSURANCES (LEADER GUIDE)

This lesson is designed to help solidify some basic fundamental ideas that back up the habits you've been developing in your disciple.

PURPOSE

- To give a basic understanding of the “5 Assurances”, and what they mean for the disciple's life
- To be able to do a “word study” to find out what a Bible verse has to say about any particular topic.

PLAN

1. Remember to pray before the meeting! Your disciple may be struggling with doubts that are addressed in this lesson, so pray that God would soften their hearts and that they would be responsive.
2. If you feel the need to, spend some extra time on the assurances you think your disciple really needs to hear. Look up other verses beforehand that go with the assurance.
3. When you get to the Discipleship Challenge, teach them how to do a Word Study! This simple method is a great way to help your disciple begin discovering biblical truth on their own. Here is a structure for how to do one:
 - a) Write the word you plan to study and a definition from the dictionary. Go to a thesaurus and look up any related words that might be helpful.
 - b) Go to www.biblestudytools.com and put your word into the search. Copy down every verse that comes up, including the text and the reference. If it's a word with a lot of references (Love has over 500!), then specify a few books in the filter settings.
 - c) Spend some time meditating on these verses. What does each verse have to say about your word? What insights does it give you? Why was that word used in the story?
 - d) After you do this with each verse, summarize your findings on what the Bible says about your word. Create an application based on your summary.

IMPORTANT ILLUSTRATIONS

The Train Illustration



1. Draw a train with the locomotive at the front, a passenger car in the middle, and a caboose at the back. Explain that this illustration shows how we should order what we believe.
2. In the middle of the locomotive, write “Fact”. Explain that when dealing with doubts, we must first remember what is true. *What does Scripture have to say about the subject? What do you know to be true about God?*
3. In the passenger car, write “Faith”. Because of what we know about God, we can trust Him in situations where there isn't a clear answer. *What is something you've had to trust God in? How did it work out?*
4. In the caboose, write “Feelings”. Explain that feelings are important, but they shouldn't be driving the train because they are fickle and prone to change. Feelings should be guided by what we know and believe, not the other way around. *How have feelings guided you in making a decision in the past?*
5. Explain that when we have these in order, working through doubts can be a faith-building experience, rather than a faith-destroying one. *Are there doubts you struggle with? How do you think this way of thinking can help you process it?*

BE A DISCIPLE, PART 10: THE GOAL (LEADER GUIDE)

Congratulations! You've made it all the way through the "Be a Disciple" series! It's been a long journey with you and your disciple, and they've come a long way since you've started. They've begun doing spiritual disciplines, as well as learned a variety of biblical concepts that will be foundational as they continue growing in their faith. This lesson may be the most important lesson you go over with your disciple, in terms of their longevity. This lesson gets into the very why of God's call for our lives. It's a commission to go further in their walk with God, to push and be pushed in ways they haven't yet. It's challenging and exciting!

If your disciple desires to continue growing, then the next steps for you would be to take them through the "Make Disciples" series. This gets deeper into their spiritual walk, while also training them to start sharing the gospel and reaching their friends in a variety of ways.

PURPOSE

- To help the disciple understand what God's ultimate mission for the world is.
- To help them develop a personal vision for what God could use their life for.
- To commission them to continue in discipleship by leading someone else through this study series
- When you get to the end, ask them if they want to continue in discipleship with the "Make Disciples" series

PLAN

1. Remember to saturate this lesson in prayer! Your ask at the end of this lesson may be big for your disciple.
2. As you go through the various points, make it personal! Share why you personally think these things are important and use stories that illustrate these points (how have you done your part so far for the Great Commission?). This will help your disciple gain vision for how they can use their own life.
3. Cast vision for your disciple to walk through this same study series with someone else.

ILLUSTRATIONS

A Person of F.A.I.T.H. | When you get to "God wants to grow you into a person of F.A.I.T.H." fill in the blanks and discuss:

- **Faithful:** Those who do what they say they will do.
- **Available:** Those who find time to pursue Him and His mission.
- **Initiative:** Those who pursue God and His mission of their own accord.
- **Teachable:** Those who listen to their mentors and learn from their mistakes.
- **Heart for God and People:** Those who love God and love people, despite what they may do.

Addition vs. Multiplication

- Imagine if you were able to lead 1,000 people to Christ every day. That would be pretty incredible. At the end of a year, you would have led 365,000 people to Christ! This looks pretty impressive. That's 3,650,000 after ten years, and 9,125,000 people after 25 years. *How many years do you think it would take to reach the world's population?* **Answer:** About 21,369 years, not accounting for population growth.
- Let's look at multiplication. You share the Gospel with 1 person and spend a year training them up. At the end of that year, you would have 2 disciples. Then the two of you go out and find 1 person each and spend the rest of the 2nd year training them up. At the end of the 2nd year, you would have 4 disciples. After ten years, that's 1,024 disciples. However, after 25 years, there would be 33,554,432 disciples! *How many years do you think it would take to reach the world's population?* **Answer:** Around 33 years, accounting for population growth.
- *Which method is more feasible? Which method is the most effective in reaching the world?*
- The most important outcome of this lesson is helping your disciple figure out who they can disciple. Cast vision for them about how they can multiply by walking with just one person!